

Operational Plan 2008 LGBT Mental Health



This project is funded for one year to research the mental health needs of lesbian, gay, bisexual and transgender people and raise awareness, knowledge and skills among mental health services and among LGBT people and services/groups. The project will seek to inform future service planning and delivery. A full-time co-ordinator will work on the project for one year, with the guidance of a reference group of QH Mental Health branch, mental health services (government and non-government) and LGBT people and groups/services.

Project Title & Aim	Project Lead & Partners	Outcomes	Activities	Measures & Targets	Progress
<p>Intelligence Gathering</p> <p>To gather intelligence on the mental health needs and experiences of LGBT people and/or mental health service users through research and consultation.</p>	<p>QAHC</p> <p>Reference Group, QH – Mental Health Branch, mental health services – government & non-government, researchers, LGBT people</p>	<p>Greater knowledge of the mental health needs of LGBT people.</p>	<ul style="list-style-type: none"> Undertake literature review (including grey literature) Survey and/or hold focus groups with LGBT mental health service users Conduct interviews with key service providers Promote involvement in existing research projects to LGBT community Input LGBT perspectives into future research 	<ul style="list-style-type: none"> 1 x report produced min 3 x focus groups across state min. 30 service users attend min 10 services interviewed evidence of LGBT participation evidence of LGBT issues incorporated 	
<p>Awareness Raising</p> <p>To increase awareness of mental issues for LGBT people, within mental health services and</p>	<p>QAHC</p> <p>Reference Group, QH – Mental Health Branch, mental health services – government & non-government, LGBT media &</p>	<p>Mental Health services have greater awareness and knowledge of needs of LGBT people.</p> <p>LGBT people are more aware of mental health issues.</p>	<ul style="list-style-type: none"> Hold a launch/seminar on literature view for mental health services, policy makers and LGBT community orgs Publish a summary of literature review in LGBT media and relevant mental health journals/newsletters 	<ul style="list-style-type: none"> 1 x launch held min 25 people in attendance 1 x summary produced min 3 x placements 	

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LGBT communities, through reports, resources and media stories.	groups/services		<ul style="list-style-type: none"> Identify existing printed & electronic information resources and make available/signpost Contribute content to LGBT media (inc. local LGBT community newsletters) 	<ul style="list-style-type: none"> 1 x catalogue produced 4 articles written 	
Training & Development To support mental health services to provide an LGBT friendly service, through the provision of training and factsheets.	QAHC Reference Group, QH- Mental Health Branch, mental health services – government & non-government	Increased capacity of QAHC's Training & Development Program to deliver LGBT awareness training tailored to mental health services.	<ul style="list-style-type: none"> Revise existing QAHC LGBT awareness training program for mental health services Pilot revised training program (1 day) Provide briefing to existing QAHC facilitators Develop factsheets to support training & service provision 	<ul style="list-style-type: none"> 1 x updated facilitators and participants manual 1 x pilot held min 15 x participants positive feedback 1 x briefing session held min 2 x factsheets produced 	
Consultancy Advice & Support To provide advice and support to mental health services on LGBT issues.	QAHC Reference Group, QH – Mental Health Branch, mental health services – government & non-government	Improved service delivery to LGBT people by mental health and other relevant services.	<ul style="list-style-type: none"> Participate in relevant steering & advisory groups etc Provide ad-hoc advice & support on request 	<ul style="list-style-type: none"> attend min 3 groups advice provided a min of 10 occasions 	
Strategic Planning To include issues for LGBT people within mental	QAHC Reference Group, QH – Mental Health Branch, mental health services –	Increased service delivery to LGBT people.	<ul style="list-style-type: none"> Develop an LGBT mental health strategy and/or action plan Link to existing mainstream strategies/action plans and 	<ul style="list-style-type: none"> 1 x plan produced evidence of inclusion of 	

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health services' strategies and plans.	government & non-government		processes <ul style="list-style-type: none"> • Attend and input into relevant consultation or planning meetings/forums • Tie up project or plan for continuation 	LGBT issues in mainstream plans <ul style="list-style-type: none"> • attendance at min 4 meeting/forums • project report written • project plan for next year written 	