

# QAHC Operational Plan 2007-08

## North Queensland



Queensland Association  
for Healthy Communities

This is a summary of planned activity in the north of Queensland in 2007-08. More detailed information can be found on [www.qahc.org.au/plans](http://www.qahc.org.au/plans). If you have any questions or feedback on our plans, please get in contact with us (details below).

QAHC currently receives funding for the following 3 programs:

- HIV, Hepatitis C and STI prevention for gay/msm
- Queensland Aboriginal & Torres Strait Islander HIV/AIDS Project
- Training & Development (LGBT Health)

### Gay/MSM Program

The overall goal of the Gay/MSM Program is to enable and support gay men and other MSM to make informed decisions about their sexual health, by:

- ensuring gay and other MSM have awareness, knowledge, skills, resources and access to services relating to HIV, Hepatitis C and sexual health, and
- removing individual, community and societal barriers to men implementing these decisions.

In 2007/08 the following activities will be delivered at a state-wide level:

- 1800 Men's Sexual Health Line (24hrs)
- outreach in internet chat rooms
- writing articles for the gay media
- social marketing campaigns:
  - 'Up Ya Bum' - condoms
  - 'Drama Down Under' – STIs
  - 'Your Voice Box' – LGBT friendly services
  - drugs & alcohol
  - men's sexual health (regional)
  - mardi gras (sex, drugs & personal safety)
  - disclosure of HIV status
- printed and electronic resources
  - 'HIV Today' - basic safe sex booklet
  - 'At Home ... Away' - safe sex & traveling booklet and condom pack for gay accommodations
  - young gay men
  - relationships
- chlamydia home testing kits
- working with GPs and sexual health clinicians to further support gay/msm

In 2007/08 the following activities will be delivered in the North Queensland area:

- distribution of printed resources to services, gay groups and businesses
- publication of local LGBT community newsletters "Culture" and "Tropical Alternatives"
- limited distribution of free condoms and lube
- outreach to gay venues, events and accommodations
- workshops including 'The Art of Sex', 'Cruising 101' and 'Relationships'
- gay men's weekend health retreat (CNS)
- community information sessions (e.g. 2 sessions of "Sex Matters" in CNS)
- contribution to World AIDS Day and Hepatitis Awareness Week events
- liaison with police and council around beat and other issues
- participation in Anti-Violence Council/Police Liaison meetings
- liaison and support to gay community groups, including Country Network, CNS -Magic, Boys Out, Fruit Loops, Body Positive, Trade Winds. TNV – Dick & Dora's, Girlzone.
- participation in service provider interagency meetings
- liaison and cooperation with other relevant services (e.g. QPP, Positive Directions, sexual health clinics)
- advocacy on gay/msm sexual health issues
- training & support for volunteers
- consultation with community members and other key stakeholders
- provide informal support and referrals for gay/msm in the region
- outreach to smaller regional areas (Atherton Tablelands, Cape Tribulation, Bowen, Mackay)

## Aboriginal & Torres Strait Islander Program

The overall goal of the A&TSI Program is to work in partnership with Aboriginal and Torres Strait Islander communities and service providers to:

- value and acknowledge all aspects of Aboriginal and Torres Strait Islander culture,
- maintain commitment to the health and well being of people living with HIV or AIDS, gay men and sistersgirls,
- address social, emotional, economical and cultural well being.

In 2007/08 the following activities will be delivered in North Queensland:

- hold at least 2 whole of community forums with A&TSI communities
- deliver at least 4 workshops for A&TSI people and people with HIV
- outreach to key community events (e.g. NAIDOC, World AIDS Day)
- hold 4 meetings of Yupla Mipla Ahfla (gay men & sistersgirl social & support group – CNS)
- support Yupla Mipla Ahfla members to organise social outings, attend community events, produce a regular newsletter and attend conferences and seminars
- provide informal support and referrals for A&TSI people living with HIV
- develop 1 statewide campaign and 2 printed resources
- support community and volunteer involvement in the program, including through community or cultural development activities
- participate in service provider interagency meetings
- liaise and cooperate with other relevant services (e.g. QPP, Positive Directions, sexual health clinics, Aboriginal Medical Services)
- advocate on A&TSI sexual health issues
- consult with community members and other key stakeholders

## Training & Development Program

The overall goal of the Training & Development Program is to support health and related service providers to deliver a culturally appropriate service to LGBT people, and improve health outcomes for LGBT people.

In 2007/08 the following activities will be delivered across the state:

- deliver LGBT awareness training workshop to health and related service providers
- deliver A&TSI sexuality & gender identity training to A&TSI health workers
- deliver 'What We Don't See' training to youth and community workers
- provide training and resources on LGBT issues to general practitioners
- pilot a gender identity training course

- produce resources for health workers on LGBT health issues and working with LGBT clients
- collate and/or produce health resources for LGBT people
- facilitate 2 statewide LGBT health and community e-networks
- hold at least 5 LGBT health forums across the state

## Other QAHC Activities

In addition to QAHC's main funded programs, in 2007/08 we will:

- open a community Resource Centre in Cairns, to house QAHC staff and for community groups to use as a meeting and office space
- maintain the QAHC website [www.qahc.org.au](http://www.qahc.org.au) – including calendar of events, national LGBT/HIV daily news summary, services directory, discussion forums, information on sexual, LGBT and A&TSI health and QAHC
- initiate and/or support community development events (e.g. Film Festival, Tropical Pride)
- work with other LGBT health organisations to further develop the 'National GLBT Health Alliance' to influence research, policy and programs at a national level
- facilitate an LGBT Ageing Action Group to address the needs of LGBT seniors
- seek additional funding to address other health issues for LGBT people and develop the LGBT community

## Key Contacts

### QAHC Resource Centre

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Fax 4041 6092

Men's Sexual Health Line 1800 155 141

[www.men.org.au](http://www.men.org.au)

[www.qahc.org.au](http://www.qahc.org.au)

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