

# One Community Celebrating Diversity

## Helping Others

During the 2007 Pride Festival QAHC is running a community campaign based on the theme of prejudice towards LGBT people based on ethnicity or culture, disability, gender, age or serostatus, by other LGBT people within the community. The campaign is called the "One Community Celebrating Diversity" campaign.

On surveying the community we found that over 80 percent of the LGBT community believes that this discrimination and prejudice does occur, having seen it occurring. Over 50 percent of people taking part in the survey had directly experienced prejudice themselves.

## What can I do to help the people who have come to me for support?

The best thing anyone can do when others come to them to talk about this is to listen respectfully, and support their decision to speak to trained professionals. They can help if they or you think that the person has been seriously impacted on by these experiences.

It is also very useful to be aware of what formal and informal support services exist, and to be able to direct others to them.

You can find these on the Prejudice website [www.qahc.org.au/prejudice](http://www.qahc.org.au/prejudice)

People need to feel that they are free to raise and discuss these experiences and that they can talk about what they are feeling without having the experience dismissed out of hand.



For more information visit:

[www.qahc.org.au/prejudice](http://www.qahc.org.au/prejudice)